



## Karin Brendel – The Person

Karin Brendel has a clear vision for what matters most and brings order to chaotic circumstances. She identifies and highlights diffuse disturbances in individuals, teams, and organizations, enabling them to be named and effectively addressed. With an optimistic approach, she encourages exploring new, even unconventional paths, and helps regain confidence in one's strengths.

### Work Style:

- **Structured and creative:** Solutions that are practical and effective
- **Humorous and Inspiring:** Unconventional insights for aha moments
- **Effective and Sustainable:** Focus on long-term success

### Qualifications:

- Systemic Coaching and Change Management
- Professional Coach (DBVC/IOBC)
- 10 years of leadership experience
- Brain Coach (Brain Academy)
- Agile Leadership (CU)
- Art Therapist (IEK)
- Presentation Techniques, Visualization, Sketchnoting, Voice Training
- Inclusive Leadership (CU)
- Executive Data Science (JHU)
- Actuary (DAV)
- Diploma in Mathematics (UDE)

### Project Experience:

- **Leadership and Professional Coaching:** Personal and professional development
- **Team Development Processes:** Optimizing collaboration and efficiency
- **Communication of Complex Content:** Clarity and persuasiveness
- **Interdisciplinary and Intercultural Collaboration:** Promoting diversity and inclusion

### Focus Areas:

- **Transformation and Development Processes:** Supporting and Guiding leaders and teams
- **Clear and Vibrant Communication:** Effective and persuasive interactions
- **Self-Leadership and Personal Responsibility:** Strengthening personal resources and structuring approaches
- **Intercultural Collaboration:** Successful integration of diverse perspectives

### Professional Practice:

- **Business & Personal Coach** at own practice empathize
- **Coach und Consultant** for partnerteams consultancy
- **Business & Personal Coach** for Institute WANDELPLAN
- **Expert** in the Team for People-network
- **Business Coach** for the digital personal development platform Speexx
- **Previous Roles:** Personnel and business responsibilities in international reinsurance companies (Gen Re, Converium, Zurich Re)